Links checked 01/21/20

**Related Websites: Health Providers  
EL Civics Objective (28)**: Access healthcare system and interact with providers.

**General Health Resources**

Name: [**American** **Academy of Pediatrics**](https://www.aap.org/)

Description: Dedicated to the health of infants, children, adolescents, young adults.

Name: [**American Cancer Society**](https://www.cancer.org/)

Description: Information for patients, family & friends, survivors, and more.

Name: [**American Heart Association**](https://www.heart.org/)

Description: Warning signs, diseases & conditions, heart & stroke encyclopedia, etc.Find local activities.

Name: [**American Red Cross**](https://www.redcross.org/)

Description: Community resources for safety and emergencies. Find local activities.

Name: [**California Health Literacy Initiative – Resource Center**](https://cahealthliteracy.org/resource_center.html)

Description: Helps low-literacy adults develop ability to read, understand and act upon health information.

Name: [**Centers for Disease Control & Prevention**](https://www.cdc.gov/)

Description: Info about birth defects, disabilities, diseases & conditions, emergency response, genetics, vaccines & immunizations, and workplace safety.

Name: [**Annual Physical Exam Checklist**](https://www.altru.org/blog/2021/april/annual-physical-exam-checklist)

Description: A handy checklist of what to bring to a doctor’s office visit, what to expect, etc.

Name: [**Communicate Effectively**](https://www.takingcharge.csh.umn.edu/how-can-i-communicate-effectively)

Description: Communication tips to help ensure patients get what they need during a visit.

Name: [**Diseases Explained Online**](https://www.diseases-explained.com/)

Description: Visual patient guides to diseases and conditions.

Name: [**Drugs & Supplements (AARP)**](https://www.aarp.org/health/drugs-supplements/)

Description: The latest on common and cutting-edge prescription and over-the counter medications and supplements.

Name: [**Drugs A-Z (RX List)**](https://www.rxlist.com/drugs/alpha_a.htm)

Description: The Internet Drug Index

**General Health Resources (cont.)**

Name: [**Drug Interaction Checker**](https://www.drugs.com/drug_interactions.html)

Description: Check interactions with other medications, food/lifestyle choices & diseases.

Name: [**Familydoctor.org**](https://familydoctor.org/) (American Academy of Family Physicians)

Description: Health information for the whole family.

Name: [**Healthfinder**](https://health.gov/myhealthfinder)

Description: Health library, targeted info (race, age, etc.), dictionary of healthcare websites, info about doctors, prescriptions, hospitals, long term care, insurance and medical privacy.

Name: [**Getting the Most Out of Your Doctor Appointment**](https://familydoctor.org/tips-for-talking-to-your-doctor/)

Description: Information about how to prepare yourself ahead of time to help you get the best care possible from your doctor.

Name: [**Mayo Clinic – Health Information**](https://www.mayoclinic.org/patient-care-and-health-information)

Description: Information about topics such as Diseases & Conditions, Symptoms, Drugs & Supplements, Tests & Procedures, and more.

Name: [**MedlinePlus Health Information**](https://medlineplus.gov/) (National Library of Medicine)

Description: EXCELLENT source of Anatomy Videos, Surgery Videos and Interactive Health Tutorials. Learn about the symptoms, diagnosis and treatment for a variety of diseases and conditions. Also learn about surgeries, prevention and wellness. Each tutorial includes animated graphics, audio and easy-to-read language.

Name: [**National Cancer Institute**](https://www.cancer.gov/)

Description: Dictionary, statistics, etc.

Name: [**National Institutes of Health**](https://www.nih.gov/health-information) (NIH)

Description: Site organized by body locations/systems, conditions/diseases, and target groups (e.g. child/teen, men, women, seniors).

Name: [**Office on Women’s Health**](https://www.womenshealth.gov/)

Description: Health information specifically for women, including breast cancer, breastfeeding, fitness & nutrition, menopause, mental health and pregnancy.

Name: [**Online CPR/First Aid Courses**](https://www.firstaidweb.com/)

Description: Self-guiding CPR and first-aid courses.

Name: [**Questions to Ask Your Doctor**](https://www.medicinenet.com/questions_to_ask_your_doctor_-_general/views.htm)(MedicineNet.com)

Description: Use this page to help you describe symptoms to your doctor.

Name: [**Understanding Cancer**](https://www.cancer.org/cancer/understanding-cancer.html) (American Cancer Association)

Description: How to talk with your doctor, preparing for visits, questions to ask, what to write down, etc. (not just about cancer)

**General Health Resources (cont.)**

Name: [**Virtual Hospital**](https://uihealthcare.org/) (University of Iowa)

Description: A digital library of health care information.

Name: [**Walgreens.com**](https://www.walgreens.com/)

Description: Online Pharmacy and drugstore.

Name: [**WebMD**](https://www.webmd.com/)

Description: Info about diseases & conditions, symptoms, drugs & herbs. Incl. “Communities” (discussion groups linking people together based on medical needs).

Name: [**What Should I Ask My Doctor During a Checkup?**](https://www.nia.nih.gov/health/medical-care-and-appointments/what-should-i-ask-my-doctor-during-checkup)

Description: Learn about medical tests, discussing your diagnosis and what to expect, and understanding your medications.

Name: [**World Health Organization**](https://www.who.int/en/)

Description: International health topics, including disease outbreaks and other public health challenges.

**Internet-based Activities: Health Care**

Name: [**Best Health Sites for English Language Learners**](https://larryferlazzo.edublogs.org/2008/01/03/the-best-health-sites-for-english-language-learners/)

Description: Larry Ferlazzo’s list of health-related websites useful for ESL students.

Name: [**Best Online Health Assessments for ELLs**](https://larryferlazzo.edublogs.org/2009/12/08/the-best-online-health-assessments-for-ells/)

Description: Free self-assessment tools intermediate students can use to assess their health risks.

Name: [**Body Parts Hangman**](https://www.quia.com/hm/12543.html)

Description: Students read clues and guess the body part. (ALL LEVELS)

Name: [**Healthcare Reform**](https://larryferlazzo.edublogs.org/2010/03/21/the-best-online-resources-for-learning-about-health-care-reform/)

Description” Larry Ferlazzo’s list of the best online resources for learning about healthcare reform.

Name: [**Phrasal Verbs- Illness**](http://a4esl.org/q/h/lb/pvillness.html)

Description: Interactive multiple-choice questions.

**Videos**

Name: [**7 Secrets to an Extraordinary Doctor’s Visit**](https://www.youtube.com/watch?v=Z2Cwuf1Jhxw)

Description: Short, humorous video with a doctor giving tips on how to have a patient- centered doctor’s office visit. Uses lots of idioms.

**Videos (cont.)**

Name: [**Engaged Patient**](https://www.youtube.com/watch?v=cZ1dyARwX0g)

Description: Patient describes how and why she is an active participant in her health care.

Name: [**Preparing for a Doctor Visit**](https://www.youtube.com/watch?v=T0udCnWf0CA)

Description: Tips from a doctor about making the most of the time with your doctor.

Name: [**Preparing for Surgery**](https://www.youtube.com/watch?v=IDK8yjiX138)

Description: What you need to know before having surgery.